*CEU credits available for licensed professionals

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This **free** class is designed to help professionals empower individuals affected by substance-use disorder. Deepen your understanding of how substances alter brain chemistry, providing vital insights into individualized recovery approaches with author and LPC, Steve Treu.

*Available in-person and online **DATES:** TUESDAYS MARCH 4 - MARCH 18 TIME: 10 A.M. TO NOON **LOCATION: BC3 MAIN** CAMPUS AND ONLINE **Topics include:** Regulating endorphins and dopamine Beliefs, Habits & Neuroplasticity Spirituality & Recovery 101.CAND **TO REGISTER:** merega visit bc3.edu/hope or call 724-287-8711 Ext. 8172

Helping you to empower those in recovery.

For more information email kenneth.clowes@bc3.edu