

# Mid-Terms

## How to Study for Mid-Terms

While there is no guaranteed successful study technique, below you will find many techniques to help you as you prepare for your mid-term exams.

- Find a space without distractions. Turn off your cell phone, no TV, no radio. Try to keep the noise level at a minimum.
- Create a study plan and stick to it. Don't cram. Determine a schedule for what and when you are going to study over a period of time leading up to your exams..
- Determine what study techniques work best for you: flashcards, study guides, re-typing notes, etc.
- Take breaks. Don't try to sit and study for long periods of time. Make sure you get up exercise, do something fun, have a snack, etc.
- Rest! Staying up studying all night right before your test isn't the best idea. Your mind will be so tired from working so hard that it will be more difficult to remember things.
- Talk to your instructor. If you are confused about your notes or find something you just don't understand. Ask.
- Form a study group. Studying with other well-focused classmates will help you all learn, gain new perspectives on material, and cover things you might have missed.

